



## ***Explore, Imagine, Create***

A NEW approach to workshopping



**Friday, November 13, 10 am – 4 pm**

**Members \$ 60 Non-Members \$ 85 (art supplies incl.)**

**(pack a lunch , dress for mess)**

Designed for artists and non-artists alike, this workshop will combine looking and learning to explore and grow your creative potential in a relaxed environment. Guided through a series of exercises, participants will arrive at new insights about themselves, others and art.

**This day of discovery and fun includes...**

- **Time in Quest Art galleries to enjoy art in a new way**
- **Simple art activities with the help of creative prompts**
- **Playful exercises to stretch the body and the mind**
- **Guided reflections on art created and concepts learned**

\*Based on the Exploring Creativity in Depth program ([exploringcreativity.com](http://exploringcreativity.com))

***“ECiD is a well-tested and validated program that inspires children, youth and adults with their authentic creative potential through experiencing, making and sharing art.”***

## MEET YOUR **EIC** FACILITATORS!



**Luci Dilkus** is a mixed-media artist who has an M.F.A. in Visual Art as well as an Adult Teacher/Trainer certificate from Humber College. A member of the Milkweed Collective for 20 years, Dilkus in the original EIC course taught by Austin Clarkson, *Foundations of Creative Imagination* (York). She has been one of the facilitators during several of the *Exploring Creativity in Depth* programs with school children in Etobicoke

and Milton and also instructed “*Drawing: for those who Can’t*” for several seasons at the Royal Ontario Museum.



**Lynne Marshall** brings to the Exploring Creativity in Depth Program her proficiency in designing and delivering educational programs, skills in group facilitation, and her passion for sharing knowledge and inspiring others. Her early experience includes 20 years as a training consultant for programs ranging from communication and creative thinking techniques, to planning and technical training. In recent

years Lynne has expanded her vocation to embrace a more holistic approach to human potential, with a private practice as a counsellor and energy practitioner, as well as leading classes in Mindful Movement. Her personal interest and enjoyment in art grows along with each step into deeper knowledge and appreciation.